

SOA 36th Annual Scientific Meeting, 10 – 12 October 2013, Four Seasons Hotel, Singapore
“ARTHROSCOPIC SURGERY: EXPLORING NEW HORIZONS”

Tuesday, 8th Oct

0730 – 1730	Pre-meeting Workshop 1 - Advanced Knee Arthroscopy and Reconstruction (<i>The Academia, SGH</i>) – Andy Williams / Bancha Chernchujit
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Wednesday, 9th Oct

0730 – 1700	Pre-meeting Workshop 2 - Advanced Shoulder Arthroscopy and Reconstruction (<i>The Academia, SGH</i>) - Hiroyuki Sugaya / Christopher Chuinard / Dinshaw Pardiwala
1900 – 2130	Faculty Dinner (<i>strictly by invitations</i>)

Thursday, 10 Oct

Time	Four Season Ballroom A	Four Season Ballroom B
0730 - 1700	REGISTRATION - Ballroom Foyer	
0830 - 1000	<p style="text-align: center;">Opening Ceremony</p> <ul style="list-style-type: none"> Opening Address – Paul Chang, President, SOA SOA Lecture “Patella Instability - Who are the Patients that Need Surgery and How I Assess Them?” - Philippe Neyret, France Guest Lecture “Evolution of ACL Reconstruction” - Freddie Fu, USA 	
1000 - 1030	COFFEE BREAK	
1030 – 1200	<p style="text-align: center;">Symposium 1 – ACL <i>Chairpersons: Paul Chang & Joyce Koh</i></p> <ul style="list-style-type: none"> What’s New in ACL Reconstruction - Freddie Fu, USA Footprint Restoration in ACL Reconstruction - Rainer Siebold, Germany The Oblique Lateral Ligament (Ségonde Ligament) + Extra Articular Procedures for ACL Reconstruction - Andy Williams, UK Revision ACL Surgery- Tips and Tricks – Freddie Fu, USA Return to Sports after ACL Reconstruction. How I Decide? - Andy Williams, UK Q & A, Cases & Discussions 	<p style="text-align: center;">Symposium 2 – Glenoid Deficiency in Shoulder Instability <i>Chairpersons: Denny Lie & Lee Keng Thiam</i></p> <ul style="list-style-type: none"> Approach in Imaging of Glenoid Bone Loss – Hiroyuki Sugaya, Japan Bony Bankart Repair – My Technique - Hiroyuki Sugaya, Japan My Technique for Latarjet Coracoid Transfer – Christopher Chuinard, USA Glenoid Reconstruction Using Iliac Crest Graft - Hiroyuki Sugaya, Japan Permanent Outperforms Biodegradable Anchors for Arthroscopic Stabilisation – George Murrell, Australia Q & A, Cases & Discussions
1200 – 1300	<p style="text-align: center;">Lunch Symposium I – sponsored by GSK <i>Chairperson: Kanwaljit Soin</i></p> <p style="text-align: center;">Osteoporosis Management: What It Means for an Orthopaedic Surgeon? Alvin Ng, Singapore</p>	<p style="text-align: center;">Lunch Symposium II – sponsored by Wellchem <i>Chairperson: Shamal Das De</i></p> <p style="text-align: center;">One-step Procedure Approach with a Hyaluronan Scaffold in the Treatment of Osteochondral Lesions Nurettin Heybeli, Turkey</p>
1300 – 1430	<p style="text-align: center;">Symposium 3 – PCL / Multiligament Injuries <i>Chairpersons: Chang Haw Chong & Howe Tet Sen</i></p> <ul style="list-style-type: none"> My Approach to Multi-ligament Injuries – Andy Williams, UK How I Do PCL Reconstruction? – Philippe Neyret, France How I Reconstruct MCL and Postero-lateral Corner Injuries? - Andy Williams, UK Osteotomy Options for Ligamentous Instability - Philippe Neyret, France Rehabilitation and Return to Sports After Multi-ligament Injuries - Andy Williams, UK Q & A, Cases & Discussions 	<p style="text-align: center;">Free Paper Session 1 - Trauma <i>Chairpersons: Fareed Kagda & Wong Merng Koon</i></p>
1430 – 1600	<p style="text-align: center;">Symposium 4 – Hip <i>Chairpersons: Lim Jit Kheng & Poh Seng Yew</i></p> <p>David Young, Australia</p> <ul style="list-style-type: none"> Hip Pain in the Athlete Femoro-acetabular Impingement – Concepts and Patient Evaluation Femoro-acetabular Impingement – Management of the Labrum What is the Evidence for Femoro-acetabular Impingement Surgery Arthroscopic Access to the Hip Joint Q & A, Cases & Discussions 	<p style="text-align: center;">Symposium 5 – Rotator Cuff Tears <i>Chairpersons: Lim Mui Hong & Tan Chyn Hong</i></p> <ul style="list-style-type: none"> Rotator Cuff Tears: Pathology / Imaging – George Murrell, Australia PASTA Lesions of Shoulder : Management – Dinshaw Pardiwala, India Rotator Cuff Tears: Undersurface Repair - George Murrell, Australia Rotator Cuff Dual Row Repair : Indications, Technique and Outcomes – Dinshaw Pardiwala, India Arthroscopic Rotator Cuff Repair – My Techniques – Christopher Chuinard, USA Q & A, Cases & Discussions
1600 - 1630	COFFEE BREAK / Poster Session	
1630 – 1730	<p style="text-align: center;">Free Paper Session 2 - ACL <i>Chairpersons: Ramesh Subramaniam & Andrew Tan</i></p>	<p style="text-align: center;">Free Paper Session 3 – Shoulder and Elbow <i>Chairpersons: Lim Yi-Jia & James Tan</i></p>
1830 - 2230	President’s Dinner (<i>strictly by invitations</i>)	

Friday, 11th Oct

Time	Four Season Ballroom A	Four Season Ballroom B
0600 - 0700	Social Run (<i>Gardens By The Bay</i>)	
0730 - 1700	REGISTRATION - Ballroom Foyer	
0800 - 0900	N Balachandran Professorship Lecture "Clubfoot: A Philosophy of Pediatric Orthopaedia" Alain Dimeglio, France	
0900 - 1000	Young Orthopaedic Investigator's Award <i>Chairperson: James Hui</i> Judges: Alain Dimeglio, Freddie Fu and Philippe Neyret	Free Paper Session 4 – Foot and Ankle <i>Chairpersons: Tan Ken Jin & David Su</i>
1000 - 1030	COFFEE BREAK / Poster Session	
1030 – 1130	Symposium 6 – Debate (Knee) <i>Moderators: Paul Chang & Joyce Koh</i> Single Bundle OR Double Bundle – When – What? Rainer Siebold and Freddie Fu	Symposium 7 – Debate (Shoulder) <i>Moderators: Denny Lie & Lim Mui Hong</i> Single Row vs Double Row - George Murrell versus Hiroyuki Sugaya
1130 – 1300	Symposium 8 – Patello Femoral Joint <i>Chairpersons: Lim Mui Hong & Andy Wee</i> <ul style="list-style-type: none"> • Kinematics of the Knee – the Patello Femoral Joint – Wongwit Senavongse, Thailand • Non-surgical Management of Patellofemoral Joint Pain in the Active Population – Jason Chia, Singapore • MPFL Reconstruction for Patella Instability - How I Do It? - Rainer Siebold, Germany • Osteotomy Options in Patellar Instability – Philippe Neyret, France • Patello Femoral Arthritis – My Approach - Sachin Tapasvi, India • Q & A, Cases & Discussion 	Symposium 9 – Massive Rotator Cuff Tears <i>Chairpersons: Denny Lie & Lim Yi-Jia</i> <ul style="list-style-type: none"> • Treatment Options in Irreparable Cuff Tears – Peter Campbell, Australia • Massive Retracted Rotator Cuff Tears : My Preferred Treatment - Dinshaw Pardiwala, India • Patch Repair in Irreparable Cuff Tears – George Murrell, Australia • Management of Massive Rotator Cuff Tears - Reverse Shoulder Arthroplasty - Christopher Chuinard, USA • Q & A, Cases & Discussion
1300 – 1400	Lunch Symposium III – sponsored by Sanofi <i>Chairperson: Wilson Wang</i> Optimizing OA Management – Meeting Patient's Treatment Goals Andrew Spitzer, USA	Lunch Symposium IV – sponsored by Arthocare <i>Chairperson: George Murrell, Australia</i> RC Repair: The Technique with Knotless Anchor System George Murrell, Australia
1400 – 1530	Symposium 10 – Meniscus <i>Chairpersons: Chang Haw Chong & Dave Lee</i> <ul style="list-style-type: none"> • Meniscus Basic Science and Meniscectomy in Athletes – Andy Williams, UK • Meniscus Repair - An Update in 2013 – Sachin Tapasvi, India • Meniscus Transplant - My Experience – Rainer Siebold, Germany • Meniscus Allograft Transplantation and Substitutes – Philippe Neyret, France • Options for Single Compartment Arthritis in a Young Patient – Mats Brittberg, Sweden • Q & A, Cases & Discussion 	Symposium 11 – Subscapularis Injuries <i>Chairpersons: Roland Chong & Wong Lee Yuen</i> <ul style="list-style-type: none"> • Subscapularis Tears : Treatment Options - Dinshaw Pardiwala, India • Arthroscopic Repair of Subscapularis Tear - Hiroyuki Sugaya, Japan • SLAP Tears of Shoulder: Imaging and Management – Dinshaw Pardiwala, India • Evolution of My Technique for Arthroscopic Shoulder Stabilisation – Peter Campbell, Australia • Subscapularis Tears - Repair of SLAP and Biceps Lesions – Christopher Chuinard • Q & A, Cases & Discussion
1530 - 1600	COFFEE BREAK / Poster Session	
1600 – 1730	Orthopaedic Residents Symposium <i>Moderators: Andy Williams & Inderjeet Singh</i> <ul style="list-style-type: none"> • My Perspective of the American Residency and Fellowship Program – Christopher Chuinard, USA • How to Build a Successful Orthopaedic Practice – What They Didn't Tell You at School - Andy Williams, UK • My Three Decades in Mentoring Sports Surgeons - Freddie Fu, USA • Q & A, Discussion 	Free Papers Session 5 - Arthroplasty <i>Chairpersons: Chin Pak Lin & Chin Thiam Wai</i>
1930 - 2230	SOA Banquet	

Saturday, 12th Oct

Time	Four Season Ballroom A	Four Season Ballroom B
0730 - 0830	<p align="center">Breakfast Symposium – sponsored by Linvacare Chairperson: Brian Lee Clinical Applications of Ultrasound for Diagnosis of Tendons Disorders Png Meng Ai, Singapore Novel Option for Chronic Tendonopathy: Ultrasound Guided Percutaneous Tenotomy Joyce Koh, Singapore</p>	
0830 - 0930	<p align="center">Donald Gunn Lecture ‘How Dare You!’ Breaking Down the Barriers to Innovative Khong Kok Sun, Singapore</p>	
0930 – 1100	<p align="center">Symposium 12 – Cartilage Chairperson: James Hui</p> <ul style="list-style-type: none"> • Cartilage Repair; How to Perfect It – Mats Brittberg, Sweden • System Review of Cell Therapy in Cartilage Repair – Kamarul Zaman, Malaysia • Antologous Human Mesenchymal Stem Cells for Cartilage Repair: From Bench to Bedside - James Hui, Singapore • Q & A, Cases & Discussion 	<p align="center">Symposium 13 – Nursing and Physiotherapy in Sports Chairpersons: Chiew Siew Fong & Jennifer Liaw</p> <ul style="list-style-type: none"> • Strength and Conditioning – Individualised Fitness Training – Khoo Shih Juin, Singapore • Innovative Outcome Assessment in the Anterior Cruciate Ligament Population – Ho JiaYing, Singapore • Functional Movement Screen (FMS) – A Screening Tool for Sports and Musculoskeletal Injuries – Haris Mohamed, Singapore • “Ouch, My Leg Hurts!” – An Overview of Lower Limb Sport Injuries and its Management – Amy Ong, Singapore • Shoulder Dislocations and Upper Limb Injuries in Sports – Chiew Siew Fong, Singapore • Q & A, Cases & Discussion
1100 - 1130	COFFEE BREAK	
1130 - 1230	<p align="center">Symposium 14 – Imaging in Sports Surgery Chairperson: Kenneth Sheah</p> <ul style="list-style-type: none"> • MR Imaging of the Acetabular Labrum – Ian Tsou, Singapore • Posterior Shoulder Labral Injuries - Kenneth Sheah, Singapore • Imaging of the Ankle in Sports – Louise Gartner, Singapore • MRI of Articular Cartilage – Steven Wong, Singapore • Q & A, Cases & Discussion 	<p align="center">Free Paper Session 6 - Spine Chairpersons: Paul Thng & Yu Chun Sing</p>
1230	<p align="center">Closing Address (with Lunch) Paul Chang, President, SOA</p>	